NCH north country healthcare | Upper Connecticut Valley Hospital

Lunch Menu

Week of November 2

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
Soup *Vegetable Beef* ***Entrée*** *Chicken Stew* ***Salad Bar*** ***Sandwich*** *Several Choices* *Made Fresh Daily* ***Sides*** *Biscuits* *Beets* ***Dessert*** *Hot Fudge* *Pudding Cake*	***Soup*** *Creamy Chicken* ***Entrée*** *Taco Bake* ***Salad Bar*** ***Sandwich*** *Several Choices* *Made Fresh Daily* ***Sides*** *Spanish Rice* *Corn*	***Soup*** *Broccoli Cheese* ***Entrée*** *Beef Stroganoff* ***Salad Bar*** ***Sandwich*** *Several Choices* *Made Fresh Daily* ***Sides*** *Egg Noodles* *Carrots* ***Dessert*** *Molasses Cookies*	***Soup*** *Turkey Vegetable* ***Entrée*** *Reuben or* *Sandwich of the Day* ***Salad Bar*** ***Sandwich*** *Several Choices* *Made Fresh Daily* ***Sides*** *French Fries* *Green Beans*	***Soup*** *Chef's Specialty* ***Entrée*** *Chicken or* *Eggplant Parmesan* ***Salad Bar*** ***Sandwich*** *Several Choices* *Made Fresh Daily* ***Sides*** *Spaghetti* *Spinach* *Garlic Bread* ***Dessert*** *Crème de Menthe* *Bars*	***Saturday*** ***Entrée*** *Chef's* *Specialty* *Lunch* ***Sunday*** ***Entrée*** *Waldorf Wrap*

Menu selections are subject to change without prior notice.

(Week of November 9 on next page.)

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Lunch Menu

Week of November 9

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
Soup *Corn Chowder* ***Entrée*** *Lasagna* ***Salad Bar*** ***Sandwich*** *Several Choices* *Made Fresh Daily* ***Sides*** *Garlic Bread* *Green Beans* ***Dessert*** *Lemon Pie Bars*	***Soup*** *Italian Wedding* ***Entrée*** *Ham* ***Salad Bar*** ***Sandwich*** *Several Choices* *Made Fresh Daily* ***Sides*** *Au Gratin Potatoes* *Creamed Cabbage*	***Soup*** *Taco* ***Entrée*** *Baked Stuffed Chicken* ***Salad Bar*** ***Sandwich*** *Several Choices* *Made Fresh Daily* ***Sides*** *Potatoes* *Summer Squash & Zucchini* ***Dessert*** *Oatmeal Scotchies*	***Soup*** *Sausage & Tortellini* ***Entrée*** *Beef and Horseradish Subs* ***Salad Bar*** ***Sandwich*** *Several Choices* *Made Fresh Daily* ***Sides*** *French Fries* *Roasted Broccoli*	***Soup*** *Chef's Specialty* ***Entrée*** *Seafood Newburg* ***Salad Bar*** ***Sandwich*** *Several Choices* *Made Fresh Daily* ***Sides*** *Puff Pastry* *Asparagus* ***Dessert*** *Chocolate Cake* *Peanut Butter Frosting*	***Saturday*** ***Entrée*** *Chef's Specialty Lunch* ***Sunday*** ***Entrée*** *Turkey Club Wrap*

Menu selections are subject to change without prior notice.

(Week of November 16 on next page.)

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Lunch Menu

Week of November 16

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
Soup *Minstrone* ***Entrée*** *Chicken Patty* *Sandwiches* ***Salad Bar*** ***Sandwich*** *Several Choices* *Made Fresh Daily* ***Sides*** *Sweet Potato Fries* *Cauliflower* *Coleslaw* ***Dessert*** *Magalloway* *Cobbler*	***Soup*** *Pea* ***Entrée*** *PIZZA* *Day* ***Salad Bar*** ***Sandwich*** *Several Choices* *Made Fresh Daily* ***Sides***	***Soup*** *Beef Barley* ***Entrée*** *Vegetable Enchilada* ***Salad Bar*** ***Sandwich*** *Several Choices* *Made Fresh Daily* ***Sides*** *Spanish Rice* *Stewed Tomatoes* ***Dessert*** *Peanut Butter Cookies*	***Soup*** *Tuscan* ***Entrée*** *Spaghetti Meatballs* *Meatball Subs* ***Salad Bar*** ***Sandwich*** *Several Choices* *Made Fresh Daily* ***Sides*** *Spaghetti* *Spinach*	***Soup*** *Chef's Specialty* ***Entrée*** *Baked Stuffed* *Haddock* ***Salad Bar*** ***Sandwich*** *Several Choices* *Made Fresh Daily* ***Sides*** *Roasted Red Potatoes* *Green Beans* ***Dessert*** *Brownies*	***Saturday*** ***Entrée*** *Chef's* *Specialty* *Lunch* ***Sunday*** ***Entrée*** *BLT Wrap*

Menu selections are subject to change without prior notice.

(Week of November 23 on next page.)

Upper Connecticut Valley Hospital

north country healthcare

Lunch Menu

Week of November 23

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
Soup *Chicken Rice* ***Entrée*** *Beef Stew* ***Salad Bar*** ***Sandwich*** *Several Choices* *Made Fresh Daily* ***Sides*** *Biscuit* *Cauliflower* ***Dessert*** *Lemon Lush Bar*	***Soup*** *Garden Tomato* ***Entrée*** *Burrito Bowls* ***Salad Bar*** ***Sandwich*** *Several Choices* *Made Fresh Daily* ***Sides*** *Variety of choices* *to add to your* *Burrito Bowl*	***Soup*** *Seafood Bisque* ***Entrée*** *Ranch Panko Chicken* ***Salad Bar*** ***Sandwich*** *Several Choices* *Made Fresh Daily* ***Sides*** *Rice* *Spinach* ***Dessert*** *Chocolate* *Chocolate Cookies*	 ***Happy Thanksgiving*** ***Complimentary Meal for Working Staff*** ***$10 for Guests & Non-working Staff*** ***Entrée*** *Traditional Thanksgiving Meal* ***Sandwich*** *Several Choices* *Made Fresh Daily* ***Sides*** *Traditional Thanksgiving Sides*	***Entrée*** *Fish Sandwich* ***Sandwich*** *Several Choices* *Made Fresh Daily* ***Sides*** *Fries* *Coleslaw* ***Dessert***	***Saturday*** ***Entrée*** *Chef's Specialty Lunch* ***Sunday*** ***Entrée*** *Buffalo Chicken Wrap*

Menu selections are subject to change without prior notice.

(Week of November 30 on next page.)

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Lunch Menu

Week of November 30

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
Soup *Broccoli Cheese* ***Entrée*** *Parmesan Crusted Chicken* ***Salad Bar*** ***Sandwich*** *Several Choices Made Fresh Daily* ***Sides*** *Wild Rice* *Green Beans* ***Dessert*** *Magic Cookie Bars*	***Soup*** *Turkey Vegetable* ***Entrée*** *Steak & Cheese Casserole* ***Salad Bar*** ***Sandwich*** *Several Choices Made Fresh Daily* ***Sides*** *Carrots*	***Soup*** *Clam Chowder* ***Entrée*** *Manicotti* ***Salad Bar*** ***Sandwich*** *Several Choices Made Fresh Daily* ***Sides*** *Garlic Bread* *Spinach* ***Dessert*** *Lemon Sugar Cookies*	***Soup*** *Vegetable Beef* ***Entrée*** *Chicken Fajita bake* ***Salad Bar*** ***Sandwich*** *Several Choices Made Fresh Daily* ***Sides*** *Spanish Rice* *Stewed Tomatoes*	***Soup*** *Chef's Specialty* ***Entrée*** *Pulled Pork Sandwich* ***Salad Bar*** ***Sandwich*** *Several Choices Made Fresh Daily* ***Sides*** *Sweet Potato Fries* *Beets* ***Dessert*** *Pie*	***Saturday*** ***Entrée*** *Chef's Specialty Lunch* ***Sunday*** ***Entrée*** *Waldorf Wrap*

Menu selections are subject to change without prior notice.