



Upper Connecticut Valley Hospital

Lunch Menu

October 1 & 2

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
			Soup <i>Baked Potato</i>	Soup <i>Chef's Specialty</i>	Saturday Entrée <i>Chef's Specialty Lunch</i>
			Entrée <i>Veggie Stir Fry</i>	Entrée <i>Fish Sandwich</i>	
			Salad Bar	Salad Bar	
			Sandwich <i>Several Choices Made Fresh Daily</i>	Sandwich <i>Several Choices Made Fresh Daily</i>	
			Sides <i>Rice</i>	Sides <i>Fries Coleslaw</i>	Sunday Entrée <i>Buffalo Chicken Wrap</i>
				Dessert <i>Pumpkin Cake Cream Cheese Frosting</i>	

Menu selections are subject to change without prior notice.

(Week of October 5th on next page)

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
Soup Broccoli Cheese	Soup Turkey Vegetable	Soup Clam Chowder	Soup Vegetable Beef	Soup Chef's Specialty	Saturday Entrée Chef's Specialty Lunch
Entrée Parmesan Crusted Chicken	Entrée Steak & Cheese Casserole	Entrée Manicotti	Entrée Chicken Fajita bake	Entrée Pulled Pork Sandwich	
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	
Sandwich Several Choices Made Fresh Daily	Sandwich Several Choices Made Fresh Daily	Sandwich Several Choices Made Fresh Daily	Sandwich Several Choices Made Fresh Daily	Sandwich Several Choices Made Fresh Daily	Sunday Entrée Waldorf Wrap
Sides Wild Rice Green Beans	Sides Carrots	Sides Garlic Bread Spinach	Sides Spanish Rice Stewed Tomatoes	Sides Sweet Potato Fries Beets	
Dessert Magic Cookie Bars		Dessert Lemon Sugar Cookies		Dessert Pie	

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(Week of October 12 on next page.)

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
Soup Wild Rice and Mushroom Entrée Hamburgers Veggie Burgers w/Cheese Salad Bar	Soup Taco Entrée Pot Roast Salad Bar	Soup Italian Wedding Entrée Chicken Cordon Bleu Salad Bar	Soup Corn Chowder Entrée Baked Stuffed Haddock Salad Bar	Soup Chef's Specialty Entrée Marinated Flank Steak Salad Bar	Saturday Entrée Chef's Specialty Lunch
Sandwich Several Choices Made Fresh Daily Sides Fries Mediterranean Veggies Dessert Fruit Turnovers	Sandwich Several Choices Made Fresh Daily Sides Mashed Potatoes Carrots	Sandwich Several Choices Made Fresh Daily Sides Rice Pilaf Asparagus Dessert Chocolate Chip Oatmeal Cookies	Sandwich Several Choices Made Fresh Daily Sides Roasted Red Potatoes Spinach	Sandwich Several Choices Made Fresh Daily Sides Garlic Smashed Potatoes Green Beans Dessert Poke Cake	Sunday Entrée Turkey Club Wrap

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(Week of October 19 on next page.)

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
Soup Beef Barley	Soup Minestrone		Soup Pea Soup	Soup Chef's Specialty	Saturday Entrée Chef's Specialty Lunch
Entrée Grinder Bar Make Your Own	Entrée Chicken Caprese	Entrée Chicken Fingers	Entrée PIZZA DAY	Entrée Grilled Vegetable Wrap	
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	
Sandwich Several Choices Made Fresh Daily	Sandwich Several Choices Made Fresh Daily	Sandwich Several Choices Made Fresh Daily	Sandwich Several Choices Made Fresh Daily	Sandwich Several Choices Made Fresh Daily	Sunday Entrée Buffalo Chicken Wrap
Sides Special Selection	Sides Rice Pilaf Squash	Sides French Fries	Sides	Sides French Fries Corn	
Dessert Peanut Butter Bars		Dessert Chocolate Chip Cookies		Dessert Pistachio Bar	

Menu selections are subject to change without prior notice.

(Week of October 26 on next page.)

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
Soup Chicken Noodle	Soup Mushroom Barley	Soup Baked Potato	Soup French Onion	Soup Chef's Specialty	Saturday Entrée Chef's Specialty Lunch
Entrée Meatloaf	Entrée Cooke's Corner Chicken Bowls	Entrée Sausage Subs	Entrée Parmesan Crusted Chicken	Entrée Baked Potato Bar	
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	
Sandwich Several Choices Made Fresh Daily	Sandwich Several Choices Made Fresh Daily	Sandwich Several Choices Made Fresh Daily	Sandwich Several Choices Made Fresh Daily	Sandwich Several Choices Made Fresh Daily	Sunday Entrée BLT Wraps
Sides Mashed Potatoes Asparagus	Sides Mashed Potatoes Corn	Sides Fries Carrots	Sides Rice Pilaf Green Beans	Sides Variety of Toppings for your Potato	
Dessert Bread Pudding		Dessert Snickerdoodle Cookies		Dessert Blueberry Yum Yum Bars	

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