

| Monday                            | Tuesday                                                | Wednesday                                              | Thursday                                               | Friday                                                 | Weekend                                                    |
|-----------------------------------|--------------------------------------------------------|--------------------------------------------------------|--------------------------------------------------------|--------------------------------------------------------|------------------------------------------------------------|
| <b>Soup</b><br>Happy Labor Day    | <b>Soup</b><br>Creamy Chicken                          | <b>Soup</b><br>Broccoli Cheese                         | <b>Soup</b><br>Turkey Vegetable                        | <b>Soup</b><br>Chef's Specialty                        | <b>Saturday</b><br><b>Entrée</b><br>Chef's Specialty Lunch |
| <b>Entrée</b><br>Chef's Selection | <b>Entrée</b><br>Taco Bake                             | <b>Entrée</b><br>Beef Stroganoff                       | <b>Entrée</b><br>Reuben or Sandwich of the Day         | <b>Entrée</b><br>Chicken or Eggplant Parmesan          |                                                            |
| <b>Salad Bar</b>                  | <b>Salad Bar</b>                                       | <b>Salad Bar</b>                                       | <b>Salad Bar</b>                                       | <b>Salad Bar</b>                                       |                                                            |
| <b>Sandwich</b>                   | <b>Sandwich</b><br>Several Choices<br>Made Fresh Daily | <b>Sandwich</b><br>Several Choices<br>Made Fresh Daily | <b>Sandwich</b><br>Several Choices<br>Made Fresh Daily | <b>Sandwich</b><br>Several Choices<br>Made Fresh Daily | <b>Sunday</b><br><b>Entrée</b><br>Waldorf Wrap             |
| <b>Sides</b>                      | <b>Sides</b><br>Spanish Rice<br>Corn                   | <b>Sides</b><br>Egg Noodles<br>Carrots                 | <b>Sides</b><br>French Fries<br>Green Beans            | <b>Sides</b><br>Spaghetti<br>Spinach<br>Garlic Bread   |                                                            |
| <b>Dessert</b>                    |                                                        | <b>Dessert</b><br>Molasses Cookies                     |                                                        | <b>Dessert</b><br>Crème de Menthe Bars                 |                                                            |

Menu selections are subject to change without prior notice.

(Week of September 14 on next page.)

| Monday                                                 | Tuesday                                                | Wednesday                                              | Thursday                                               | Friday                                                     | Weekend                                                    |
|--------------------------------------------------------|--------------------------------------------------------|--------------------------------------------------------|--------------------------------------------------------|------------------------------------------------------------|------------------------------------------------------------|
| <b>Soup</b><br>Corn Chowder                            | <b>Soup</b><br>Italian Wedding                         | <b>Soup</b><br>Taco                                    | <b>Soup</b><br>Sausage & Tortellini                    | <b>Soup</b><br>Chef's Specialty                            | <b>Saturday</b><br><b>Entrée</b><br>Chef's Specialty Lunch |
| <b>Entrée</b><br>Lasagna                               | <b>Entrée</b><br>Ham                                   | <b>Entrée</b><br>Baked Stuffed Chicken                 | <b>Entrée</b><br>Beef and Horseradish Subs             | <b>Entrée</b><br>Seafood Newburg                           |                                                            |
| <b>Salad Bar</b>                                       | <b>Salad Bar</b>                                       | <b>Salad Bar</b>                                       | <b>Salad Bar</b>                                       | <b>Salad Bar</b>                                           |                                                            |
| <b>Sandwich</b><br>Several Choices<br>Made Fresh Daily | <b>Sandwich</b><br>Several Choices<br>Made Fresh Daily | <b>Sandwich</b><br>Several Choices<br>Made Fresh Daily | <b>Sandwich</b><br>Several Choices<br>Made Fresh Daily | <b>Sandwich</b><br>Several Choices<br>Made Fresh Daily     | <b>Sunday</b><br><b>Entrée</b><br>Turkey Club Wrap         |
| <b>Sides</b><br>Garlic Bread<br>Green Beans            | <b>Sides</b><br>Au Gratin Potatoes<br>Creamed Cabbage  | <b>Sides</b><br>Potatoes<br>Summer Squash & Zucchini   | <b>Sides</b><br>French Fries<br>Roasted Broccoli       | <b>Sides</b><br>Puff Pastry<br>Asparagus                   |                                                            |
| <b>Dessert</b><br>Lemon Pie Bars                       |                                                        | <b>Dessert</b><br>Oatmeal Scotchies                    |                                                        | <b>Dessert</b><br>Chocolate Cake<br>Peanut Butter Frosting |                                                            |

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(Week of September 20 on next page.)

| Monday                                                                                                                                                                                                                                                                                         | Tuesday                                                                                                                                                             | Wednesday                                                                                                                                                                                                                                                                  | Thursday                                                                                                                                                                                                                     | Friday                                                                                                                                                                                                                                                                      | Weekend                                                                                                                                            |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Soup</b><br>Minstrone<br><br><b>Entrée</b><br>Chicken Patty<br>Sandwiches<br><br><b>Salad Bar</b><br><br><br><br><b>Sandwich</b><br>Several Choices<br>Made Fresh Daily<br><br><b>Sides</b><br>Sweet Potato Fries<br>Cauliflower<br>Coleslaw<br><br><b>Dessert</b><br>Magalloway<br>Cobbler | <b>Soup</b><br><br><br><b>Entrée</b><br>Safety Fair<br>Staff BBQ<br><br><b>Salad Bar</b><br><br><br><br><b>Sandwich</b><br><br><br><br><b>Sides</b><br><br><br><br> | <b>Soup</b><br>Beef Barley<br><br><b>Entrée</b><br>Vegetable Enchilada<br><br><b>Salad Bar</b><br><br><br><br><b>Sandwich</b><br>Several Choices<br>Made Fresh Daily<br><br><b>Sides</b><br>Spanish Rice<br>Stewed Tomatoes<br><br><b>Dessert</b><br>Peanut Butter Cookies | <b>Soup</b><br>Tuscan<br><br><b>Entrée</b><br>Spaghetti Meatballs<br>Meatball Subs<br><br><b>Salad Bar</b><br><br><br><br><b>Sandwich</b><br>Several Choices<br>Made Fresh Daily<br><br><b>Sides</b><br>Spaghetti<br>Spinach | <b>Soup</b><br>Chef's Specialty<br><br><b>Entrée</b><br>Baked Stuffed<br>Haddock<br><br><b>Salad Bar</b><br><br><br><br><b>Sandwich</b><br>Several Choices<br>Made Fresh Daily<br><br><b>Sides</b><br>Roasted Red Potatoes<br>Green Beans<br><br><b>Dessert</b><br>Brownies | <b>Saturday</b><br><b>Entrée</b><br>Chef's<br>Specialty<br>Lunch<br><br><br><br><br><br><br><br><br><br><b>Sunday</b><br><b>Entrée</b><br>BLT Wrap |

Menu selections are subject to change without prior notice.

(Week of September 28 on next page.)



# Upper Connecticut Valley Hospital

Lunch Menu

Week of September 28

| Monday                                                         | Tuesday                                                                       | Wednesday                                                      | Thursday                                                       | Friday                                                          | Weekend                                                                   |
|----------------------------------------------------------------|-------------------------------------------------------------------------------|----------------------------------------------------------------|----------------------------------------------------------------|-----------------------------------------------------------------|---------------------------------------------------------------------------|
| <b>Soup</b><br><i>Chicken Rice</i>                             | <b>Soup</b><br><i>Garden Tomato</i>                                           | <b>Soup</b><br><i>Seafood Bisque</i>                           | <b>Soup</b><br><i>Baked Potato</i>                             | <b>Soup</b><br><i>Chef's Specialty</i>                          | <b>Saturday</b><br><b>Entrée</b><br><i>Chef's<br/>Specialty<br/>Lunch</i> |
| <b>Entrée</b><br><i>Beef Stew</i>                              | <b>Entrée</b><br><i>Burrito Bowls</i>                                         | <b>Entrée</b><br><i>Ranch Panko Chicken</i>                    | <b>Entrée</b><br><i>Veggie Stir Fry</i>                        | <b>Entrée</b><br><i>Fish Sandwich</i>                           |                                                                           |
| <b>Salad Bar</b>                                               | <b>Salad Bar</b>                                                              | <b>Salad Bar</b>                                               | <b>Salad Bar</b>                                               | <b>Salad Bar</b>                                                |                                                                           |
| <b>Sandwich</b><br><i>Several Choices<br/>Made Fresh Daily</i> | <b>Sandwich</b><br><i>Several Choices<br/>Made Fresh Daily</i>                | <b>Sandwich</b><br><i>Several Choices<br/>Made Fresh Daily</i> | <b>Sandwich</b><br><i>Several Choices<br/>Made Fresh Daily</i> | <b>Sandwich</b><br><i>Several Choices<br/>Made Fresh Daily</i>  | <b>Sunday</b><br><b>Entrée</b><br><i>Buffalo Chicken<br/>Wrap</i>         |
| <b>Sides</b><br><i>Biscuit<br/>Cauliflower</i>                 | <b>Sides</b><br><i>Variety of choices<br/>to add to your<br/>Burrito Bowl</i> | <b>Sides</b><br><i>Rice<br/>Spinach</i>                        | <b>Sides</b><br><i>Rice</i>                                    | <b>Sides</b><br><i>Fries<br/>Coleslaw</i>                       |                                                                           |
| <b>Dessert</b><br><i>Lemon Lush Bar</i>                        |                                                                               | <b>Dessert</b><br><i>Chocolate<br/>Chocolate Cookies</i>       |                                                                | <b>Dessert</b><br><i>Pumpkin Cake<br/>Cream Cheese Frosting</i> |                                                                           |

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